



**TELANGANA TRIBAL WELFARE RESIDENTIAL
DEGREE COLLEGE(GIRLS), KOTHAGUDEM**
Bhadradi Kothagudem District, Telangana State – 507101
(Affiliated to Kakatiya University, Warangal, Telangana)
Website: <https://ttwrdds.ac.in/Kothagudem>



"On this Thursday, may the strength of our ancestors guide you, the wisdom of our elders inspire you, and the resilience of our heritage empowers you."

HEALTHY THURSDAY ACTIVITIES

- The government of Telangana established 22 residential degree colleges with the motto of providing Higher education, to provide learning skills to Tribal students from the academic year 2017-18. As part of this from 2019-20 society has introduced different innovation programmes to encourage the students to improve various skills along with good academic standards.
- Healthy Thursday is one of the programmes to focus on environment and create awareness among the students about Environment and maintain hygiene at campus.
- Every Thursday is to be considered as Healthy Thursday, has been practiced by TTWDC(girls) Kothagudem. Every month, Healthy Thursday team will decide a theme of various fields i.e. food, environment, cleaning, compost of waste etc. Some weeks they have to clean their dormitories, do plantation and kitchen gardening, cleaning water pits etc....
- In this activity 2 faculty members will be drafted to monitor the activities every week along with the student's team.
- This programme is not only intended to maintain cleanliness but also to avoid contagious diseases among the residential students.





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Date: 17-07-2019

HEALTHY THURSDAY

In this academic year 2019-20, Society is going to introduce different innovative programmes to encourage the students to improve skills along with good academic standards. Healthy Thursday is one of its kind. Aim of this programme is to focus on Environment and create awareness among the students about their responsibilities towards Environment.

Every Thursday will be considered as Healthy Thursday. Every student should aware about the programme. Every month Healthy Thursday Team will decide a theme of various fields i.e., food, environment, cleaning, Compost of waste or etc... Example: if it is cleaning theme, one-week students should clean their campus, one week they should clean their dormitories or if it is Environment, one-week students and faculty should participate in plantation, one week kitchen gardening, one week for water pits, etc.

Healthy Thursday Team:

- ✓ 2 faculties should be assigned for Healthy Thursday by Principal.
- ✓ 2 Passionate volunteers (Students) from each group will form as a team with the guidance of above-mentioned Faculty.
- ✓ Healthy Thursday Team will decide the theme of the month.
- ✓ Healthy Thursday Team will be the responsible for every student participation in the programme.
- ✓ Healthy Thursday Team will gather pictures of the programme.
- ✓ Best 2 gathered pictures of 4 weeks will be displayed in the notice board with the details. Remaining pictures will keep as Treasury of Healthy Thursday record.
- ✓ Treasury of Healthy Thursday record should maintain by above mentioned Faculty.
- ✓ For any information regarding Healthy Thursday please contact Madhuri (Academic Fellow):9700377381.

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Deputy Secretary
(DegreeColleges)

